



A DECISION MADE WITH HEAD AND HEART

Len and Dorothy Cebula

The decision to move to a retirement community has lots of components. A move is a physical undertaking, an emotional commitment and a financial investment. Len and Dorothy Cebula made their decision with equal parts head and heart. The result, says Dorothy, is that Medford Leas was a "fantastic choice."

A couple of years ago, Len and Dorothy Cebula were living in a 55+ community. Although they were young and healthy, they started to realize that the services there would not be adequate as they grew older. They have two sons with successful professional lives and busy families, and did not want to burden them with making tough decisions for their parents. So they decided to be proactive.

"A search for retirement living is akin to a search for a college."

Dorothy, a retired university administrator, approached the decision in a highly analytical fashion. She considered the size, location, costs, amenities, financial stability and Medicare ratings of several communities.

In "The Right Fit," an article Dorothy wrote for the Medford Leas Residents' Association blog, she compared her search for a retirement community to the search for a college. She wrote, "As in selecting a university, the decision would not be made on any single factor. After careful analysis and an emotional feeling that one was the most comfortable place for me, I chose Medford Leas."

The fact that Medford Leas is a CCRC (Continuing Care Retirement Community) was another major factor in the Cebula's decision. For them, it is comforting to know that Medford Leas is where they will stay, no matter how their needs change through the years.

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With the biggest issues of their lives settled, Len and Dorothy are free to enjoy everything that Medford Leas has to offer. "There are a lot of people here with extremely interesting backgrounds and professional careers," says Len, an electrical/software engineer for the first 30 years of his career and a nurse for the past 24 years. "I really enjoy the interchange of insights and ideas."

These days, Len and Dorothy go to bed at night pleurably tired from the day's activities. What also helps them sleep well is knowing that they're in the right place at this time in their lives. "The idea of 'what's next?' used to keep me awake at night," says Dorothy. "Now I know that our lives will not be disrupted again with a move to a place that is unfamiliar to us. That gives us a real sense of peace."

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*– Len Cebula,
Medford Leas
Resident*

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