

# THE RIGHT FIT

By

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*Medford Leas Resident*

**C**ontinuing Care Retirement Communities (CCRCs) are as varied as today's universities. Both have distinctive features, cultures, financial requirements and goals. Neither Universities or CCRCs are 'just right' for everyone's needs, preferences or interests. When I considered investigating a retirement community for myself, I was faced with a myriad of choices that could be overwhelming.

Reflecting back to the college searches for my children, I looked at communities in several states, especially Massachusetts, Pennsylvania and New Jersey. The choice was definitely a personal one since no two communities were exactly the same. I had a list of the necessary requirements and additional preferences I would like to see in a place that I could feel comfortable.

Initially any CCRC selected must be one where the financial stability was solid. I also wanted a site that could offer a continuum of exceptional healthcare and the option of a lifecare program. By identifying places that were ranked Five stars\* and had CARF Accreditation\*\* I thought that these basic requirements would be met. I also preferred an established 'not-for-profit' organization. I expected the ideal community to be one large enough to offer a variety

of accommodations and activities but not so large that I could easily become lost. I also weighed location and convenience.

Among personal preferences, I found the need for a natural, pastoral setting and small groupings of clustered homes to be at the top of my 'wish list'. I was also interested in the attitudes of current residents. On each of my visits to Medford Leas, I met very pleasant residents who were most willing to speak about the benefits they saw in living there. Event calendars were filled with activities that attracted my interests.

Medford Leas seemed to meet my needs and desires for a CCRC where I could feel comfortable. I was particularly drawn to the many walking trails and option for a patio home unit that would fit my current lifestyle while recognizing that additional options are available for any future needs.

As in selecting a university, the decision would not be made on any single factor. After careful analysis and an emotional feeling that one was the most comfortable place for me, I chose Medford Leas. While my decision was based on my own individual and personal preferences, the choice was a good one that I do not regret.

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*\*[medicare.gov/nursinghomecompare/search.html](http://medicare.gov/nursinghomecompare/search.html)*

*[Medicare.gov/nursinghomecompare/About/HowWeCalculate.html](http://Medicare.gov/nursinghomecompare/About/HowWeCalculate.html)*

*\*\*[carf.org](http://carf.org)*

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609-654-3000 or 800-331-4302 | [www.medfordleas.org](http://www.medfordleas.org)

Member: American Public Gardens Association – Greater Philadelphia Gardens – Garden State Gardens  
A nationally accredited, not-for-profit community, guided by Quaker principles, for those age 55+, with campuses in Medford and Lumberton, NJ



MEDFORD LEAS