

To: Medford Leas Residents and Staff
From: James C. D'Amico, DO, FACOI, CMD
Medical Director Medford Leas
Date: August 20, 2020
Re: Coronavirus/COVID19 Update



My memo today marks a milestone in our coronavirus communication: My 25th coronavirus update. More to come about that...

I hope my 25th anniversary memo continues to find everyone safe and sound as we prepare to enter our sixth month battling the coronavirus pandemic. The updated numbers are as follows:

- Worldwide we are approaching 22 million cases with 776,000 deaths
- The United States is over 5.4 million cases with over 170,000 deaths
- New Jersey has 188,000 cases with over 14,000 deaths
- And Burlington County with 6,175 cases and 439 deaths.

We continue to discourage any unessential travel by staff or residents, especially travel that requires transportation via planes, trains, or buses. As mentioned in the last few memos, NJ has 35 states that require a 14-day quarantine upon return to NJ. This list is updated weekly. Most recently New Mexico, Ohio, Rhode Island, Washington, and Washington DC were removed from the list. Delaware was re-added.

Therefore, individuals traveling from Alabama, Alaska, Arkansas, Arizona, California, Delaware, Florida, Georgia, Hawaii, Idaho, Iowa, Illinois, Indiana, Kansas, Kentucky, Louisiana, Maryland, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, North Carolina, North Dakota, Oklahoma, Puerto Rico, South Carolina, South Dakota, Tennessee, Texas, Utah, Virginia, Virgin Islands and Wisconsin will all be required to self-quarantine for 14 days when returning to New Jersey.

As usual, we will continue to adhere to any state or federal guidelines. If any residents plan to travel to any of these states, please contact the Wellness Center to prepare for your safe return. Any employees planning to travel to one of these states must contact their supervisor prior to leaving and upon their return.

We continue the state-mandated regular testing of assisted living and nursing residents as well as staff. I am once again pleased to report no new cases of coronavirus.

We continue to plan the gradual and safe reopening of various parts of our community. A new executive directive from Gov. Murphy was released last week that described a phased reopening plan for licensed communities in New Jersey. Our Covid Task Force and administrative team has been working very hard to comply and attest to these very stringent regulations.

As mentioned last week, the Medford Leas Gift Shop is now open on a limited basis as is the Medford Campus pool. We are working on plans for the safe reopening of the Thrift Shop for use by staff and residents, as well as a smaller version of our annual Medford Leas Flower Show. Details to follow on these upcoming events. We remind everyone that the reopening plans of

these areas and events are undertaken with the safety of members of our community at the forefront of all decisions. We appreciate everyone's compliance with the guidelines that are or will be put into place.

With this, my 25th memo, as we continue to create our "new normal," we are going bring this format to a close and reformat the weekly memo to highlight changes in our community reopening plan.

I wanted to end today with an expression of my sincere gratitude to all of our staff here at Medford Leas. Their tireless efforts on behalf of our residents has been nothing short of heroic these last 6 months. Thank you.

My last shout out goes out to our residents. In the spirit of community, and in the face of adversity, every single one of you has done your part, by adjusting to the changes and adhering to all the restrictions thrust upon you. I know this has been extremely difficult for you as well as your families. I thank you for your patience from the bottom of my heart. This pandemic will have a far-reaching and long-lasting effects. We will continue to struggle, but also carry these lessons with us - embracing uncertainty, demonstrating flexibility, and practicing compassion. In a time of few precedents, we have established new ones together.

Until next time, stay safe.